

Dharma Generally can be Categorized into 15 Dharmas

Dharma generally can be categorized into 15 types of Dharma. The first being is the Sanatana Dharma, which is essentially the eternal TRUTH. This is the real name of our religion. It has no beginning and no end. It is the mother of all religion. Every system of belief is within Sanatana Dharma. It is so diversified from offering meat to idols (village gods) to the divine offerings of fruit and milk to the holy deities (Lord Krsna, Lord Shiva etc..) To the great meditations of the Raja Yoga system (Where does this fit in?) That is why there are people who misunderstand Hinduism to this very day.

Hinduism covers so many aspects of mankind from the lowest level right up to the highest level. In essence, every strata of the human life is covered within Hinduism and its holy teachings. Furthermore, the divine love of godhead known as Bhakti Yoga is deeply practiced and thus helps in producing so many saints who live and sacrifice their life for others. Some of these great saints are non-other than Nandanar Sambandar who came face to face with the Lord (Lord Shiva). Then there is Meera Bhai as well as Tukharam who experienced and has had the Darshan of Lord Krsna. Thus it can be seen that anybody who practises Sanatana Dharma in a proper manner will definitely get the blessings of the Lord (Anugraha) and overcome their mortal and worldly sufferings.

Of course, there are those who convert to other religions, claiming that no help came out of their prayers and that a biased as well as outdated system of caste is being practised by Hinduism. However, this is an unfair and untrue perception to have. Religion is a beautiful and fulfilling set of beliefs. It would not do to condemn an entire religion without learning and accepting the truth, the importance, the need of religion. When we come to love religion and for what it stands for, we will come to love ourselves more.

The actual message of Sanatana Dharma is pure and whole. It teaches you how to purify your mind through different methods such as meditation, Japa, which are the act of chanting mantras, Puja, the act of worship, Homa, the act of fire sacrifice and last but not least, Yoga. These are the few methods within a foolproof system. Naturally, there are many more should you delve more into Hinduism.

As a conclusion, it can be said that Sanatana Dharma is the eternal knowledge that is timeless. For by practicing righteousness (Dharma) and speaking the truth (Satyam) and getting involved in prayers or Yoga will most definitely produce positive results. And this makes up the meaning of eternal (Nityam). This is the first part of Dharma.